

**Registration number 508831**

**It's Good To Talk Counselling Psychotherapy Support Services Ltd  
(A Company Limited by Guarantee and not having a Share Capital)**

**Directors' Report and Financial Statements**

**for the period ended 31st December 2012**

**It's Good To Talk Counselling Psychotherapy Support Services Ltd  
(A Company Limited by Guarantee and not having a Share Capital)**

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**It's Good To Talk Counselling Psychotherapy Support Services Ltd  
(A Company Limited by Guarantee and not having a Share Capital)**

**Directors and other information**

Directors	Bernadette Quinn-Fahy Maria Roche Eamonn Doran	(Appointed 26th July 2013) (Resigned 26th July 2013)
Secretary	Eamonn Doran Maria Roche	(Resigned 26th July 2013) (Appointed 26th July 2013)
Company number	508831	
Registered office	Floor 3 Iberius House Commercial Quay Wexford	
Auditors	O' Callaghan O' Mahony Cody Certified Public Accountants & Statutory Auditors Clonard Business Park Whitemill Industrial Estate Wexford	
Bankers	AIB North Main Street Wexford	
Business address	3rd Floor Iberius House Common Quay Street Wexford Co. Wexford	
Member Details	Bernadette Quinn-Fahy Eamonn Doran Maria Roche Emma Dempsey Phillip Kelso Winifred Kehoe John Doran	(Chairperson)  (Treasurer)

**It's Good To Talk Counselling Psychotherapy Support Services Ltd**  
**(A Company Limited by Guarantee and not having a Share Capital)**

**Directors' report**  
**for the period ended 31st December 2012**

The directors present their report and the audited financial statements for the period ended 31st December 2012.

**Incorporation and change of name**

The company was incorporated on 26 January 2012 as It's Good To Talk Counselling Psychotherapy Support Services Ltd.

**Principal Activities, Operating Review and Future Developments**

The organisation is a company limited by guarantee, incorporated under the Companies Acts 1963 to 2013 on 26th January 2012 as It's Good To Talk Counselling Psychotherapy Support Services Ltd.

The company overcame significant administration challenges in its first year, but the directors are satisfied that they have now established adequate policies and procedures to manage the company in the future.

The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association and managed by a Board of Directors.

The principal activity's of the company are:

(A) To advance health by alleviating the emotional distress of clients suffering from a variety of mental health issues, such as depression, anxiety and stress.

(B) To save lives by offering hope to those clients who indicate suicidal intent.

(C) To Promote equality and social inclusion by offering a subsidised and affordable low-fee paying service at the point of need.

(D) To deliver a high standard of counselling within ethical boundaries, demonstrating compassion, and seeking to bring hope, comfort and encouragement to all clients.

(E) To provide workshops, lectures and courses for the community and those seeking continuous professional development training.

The company plans continuing the activities outlined above in the forthcoming years subject to satisfactory funding arrangements.

**Results for the year:**

The results for the period are set out on page 10.

**Directors of the Company**

The present membership of the board is listed on the 'Directors and other information' page.

**It's Good To Talk Counselling Psychotherapy Support Services Ltd**  
**(A Company Limited by Guarantee and not having a Share Capital)**

**Directors' report**  
**for the period ended 31st December 2012**

..... continued

In accordance with the Articles of Association at the first Annual General Meeting of the Company, all the Directors shall retire from office and at the Annual General Meeting in every subsequent year one-third of the Directors for the time being, or if their number is not three or a multiple of three, then the number nearest one-third, shall retire from office. A retiring Director shall be eligible for re-election.

**Principal Risks & Uncertainties**

**(i) Decrease in Income / Increase in Costs:**

The Directors have identified that the key risks and uncertainties the Company faces relate to the risk of a decrease in the level of donations and the potential increase in compliance requirements in accordance with company, health and safety, taxation and other legislation;

The company mitigates these risks by continually monitoring the level of activity, preparing and monitoring its budgets, targets and projections and strives for a policy of maintaining significant cash reserves. The company closely monitors emerging changes to regulations and legislation on an ongoing basis;

**(ii) Control over Financial Income / Resources:**

As the company is managed and run by the directors, and there are no full-time employees due to lack of financial resources, the directors are reliant on the time, integrity and honesty of its volunteers. The directors recognise the level of control risks inherent with cash, donations and fundraising activities however, internal control risks are minimised by the implementation of procedures for authorisation of all transactions and projects.

The company had a surplus in the current period of €6,607 and is reliant on the ongoing support of its members and directors. The company has plans in place to build reserves in future periods.

**(iii) Books and records**

In January 2014, the auditors expressed an opinion that proper books and records had not been maintained by the company for the period. The directors have taken all necessary steps to rectify this situation.

**Events after the Balance Sheet date**

There have been no other significant events affecting the company since the year-end.

**Research and Development**

The company did not engage in any research and development activity during the year.

**Books of Account**

**It's Good To Talk Counselling Psychotherapy Support Services Ltd  
(A Company Limited by Guarantee and not having a Share Capital)**

**Directors' report  
for the period ended 31st December 2012**

..... continued

The measures taken by the directors to ensure compliance with the requirements of Section 202, Companies Act, 1990, regarding proper books of account are the implementation of necessary policies and procedures for recording transactions, the employment of competent accounting personnel and appropriate expertise and the provision of adequate resources to the financial function. The books of account of the company are maintained at the Registered Office.

**Auditors**

The auditors, O' Callaghan O' Mahony Cody, have indicated their willingness to continue in office in accordance with the provisions of Section 160(2) of the Companies Act, 1963.

This report was approved by the Board on 30<sup>th</sup> Jan 14 and signed on its behalf by



**Bernadette Quinn-Fahy  
Director**

Maria Roche

**Maria Roche  
Director**

**It's Good To Talk Counselling Psychotherapy Support Services Ltd  
(A Company Limited by Guarantee and not having a Share Capital)**

**Statement of Directors' responsibilities for the members' financial statements**

The directors are responsible for preparing the Annual Report and the financial statements in accordance with applicable Irish law and Generally Accepted Accounting Practice in Ireland including the accounting standards issued by the Accounting Standards Board and published by the Auditing Practices Board and promulgated by the Institute of Certified Public Accountants in Ireland.

Irish company law requires the directors to prepare financial statements for each financial period which give a true and fair view of the state of affairs of the company and of the surplus or deficit of the company for that period.

In preparing those financial statements, the directors are required to:

- select suitable accounting policies and then apply them consistently
- make judgements and estimates that are reasonable and prudent
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements.

The directors confirm that they have complied with the above requirements in preparing the financial statements.


The directors are responsible for keeping proper books of account which disclose with reasonable accuracy at any time the financial position of the company and to enable them to ensure the financial statements are prepared in accordance with accounting standards generally accepted in Ireland and with Irish statute comprising the Companies Acts 1963 to 2013 and all Regulations to be construed as one with those Acts. They are responsible for ensuring that the company otherwise complies with the provisions of those Acts relating to financial statements in so far as they are applicable to the company.

They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Where financial statements are to be published on the web, the directors are responsible for the maintenance and integrity of the corporate and financial information included on the company's website.

On behalf of the board

  
**Bernadette Quinn-Fahy**  
Director

  
**Maria Roche**  
Director

Date: 30<sup>th</sup> Jan. 2014

**Independent auditors' report to the members of  
It's Good To Talk Counselling Psychotherapy Support Services Ltd  
(A Company Limited by Guarantee and not having a Share Capital)**

We have audited the financial statements of It's Good To Talk Counselling Psychotherapy Support Services Ltd for the period ended 31st December 2012 which comprise the Income and Expenditure Account, the Balance Sheet, the Cashflow Statement and the related notes. These financial statements have been prepared under the historical cost convention and the accounting policies set out therein.

This report is made solely to the company's members, as a body, in accordance with Section 193 of the Companies Act, 1990. Our audit work has been undertaken so that we might state to the company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company and the company's members as a body, for our audit work, for this report, or for the opinions we have formed.

**Respective responsibilities of directors and auditors**

As explained more fully in the Directors' Responsibilities Statement set out on page 5, the directors are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view. Our responsibility is to audit and express an opinion on the financial statements in accordance with applicable law and International Standards on Auditing (UK and Ireland).

Our responsibility is to audit the financial statements in accordance with relevant legal and regulatory requirements and International Standards on Auditing (UK and Ireland) promulgated by the Auditing Practices Board (UK and Ireland).

We report to you our opinion as to whether the financial statements give a true and fair view in accordance with Generally Accepted Accounting Practice in Ireland and are properly prepared in accordance with the Companies Acts 1963 to 2013. We also report to you whether in our opinion: proper books of account have been kept by the company; and whether the information given in the Directors' Report is consistent with the financial statements. In addition, we state whether we have obtained all the information and explanations necessary for the purposes of our audit and whether the company's balance sheet and its Income and Expenditure account are in agreement with the books of account.

We also report, to the members if, in our opinion, any information specified by law regarding directors' remuneration and directors' transactions is not disclosed and, where practicable, include such information in our report.

We read the Directors Report and consider the implications for our report if we become aware of any apparent misstatement within it.



**Independent auditors' report to the members  
of It's Good To Talk Counselling Psychotherapy Support Services Ltd  
(continued)  
(A Company Limited by Guarantee and not having a Share Capital)**

**Basis of audit opinion**

We conducted our audit in accordance with International Standards on Auditing (UK and Ireland) issued by the Auditing Practices Board, except that the scope of our work was limited as explained below.

An audit includes examination, on a test basis, of evidence relevant to the amounts and disclosures in the financial statements. It also includes an assessment of the significant estimates and judgements made by the directors in the preparation of the financial statements, and of whether the accounting policies are appropriate to the company's circumstances, consistently applied and adequately disclosed.

We planned our audit so as to obtain all the information and explanations which we considered necessary in order to provide us with sufficient evidence to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or other irregularity or error. However, with respect to cash donations having a value of €44,463 the evidence available to us was limited as set out below. While nothing came to our attention during the course of our audit work to indicate that all the donations to the company had not been properly recorded in the books and records of the company, donations with the value of €44,463 arise from cash paid by donor's to the company. As the company has limited staff, the segregation of the duties of recording of the donation and custody of the cash received from the donation are not segregated but are undertaken by the same person. Due to the absence of segregation of duties in relation to the receipt and recording of cash donations there was no independent audit procedure that we could undertake to confirm the completeness of recording of the cash donations made to the company by donors.

In forming our opinion we also evaluated the overall adequacy of the presentation of information in the financial statements.

**Qualified opinion arising from limitation in audit scope.**

Except for the financial effects of such adjustments, if any, as might have been determined to be necessary had we been able to satisfy ourselves as to the completeness of recording of cash donations, in our opinion the financial statements:

- give a true and fair view, in accordance with Generally Accepted Accounting Practice in Ireland, of the state of the company's affairs as at 31st December 2012 and of its surplus for the year then ended.

In respect solely of the limitation on our work relating to completeness of recording of cash donations:

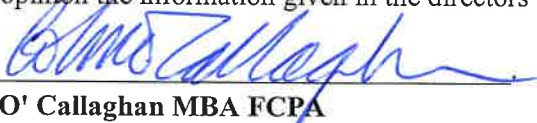
- we have not obtained all the information and explanations that we considered necessary for the purposes of our audit.

In January 2014 we issued a special report expressing our opinion that the company had failed to maintain proper books and records in relation to the period under review.

The directors, since the balance sheet date, have taken the necessary steps to ensure proper books of account are kept by the company.

The financial statements are in agreement with the books of account.

In our opinion the information given in the directors' report is consistent with the financial statements.



**Colm O' Callaghan MBA FCPA**  
**For and on behalf of**

**O' Callaghan O' Mahony Cody**  
**Certified Public Accountants & Statutory Auditors**  
**Clonard Business Park**  
**Whitemill Industrial Estate**  
**Wexford**

**Date:** 30<sup>th</sup> January 2014

**It's Good To Talk Counselling Psychotherapy Support Services Ltd  
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The significant accounting policies adopted by the Company are as follows:

**Basis of Accounting**

The Financial Statements are prepared on the going concern basis, under the historical cost convention, as modified by the revaluation of certain tangible fixed assets and comply with the financial reporting standards of the Accounting Standards Board, as published by the Institute of Certified Public Accountants in Ireland and the Companies Acts 1963 to 2013.

**Foreign Currencies**

Transactions in foreign currencies are recorded at the rate ruling at the date of the transactions or at a contracted rate. The resulting monetary assets and liabilities are translated at the balance sheet rate or the contracted rate and the exchange differences are dealt with in the profit and loss account.

**Taxation**

The company is not liable for Corporation tax with it being a company not carrying on a business for the purposes of making a profit.

**Income resources**

Income consists of donations and other funds generated by voluntary activities. These are included in the financial statements when received. Incoming resources have been included in the financial statements only when realised or when the ultimate cash realisation of which can be assessed with reasonable certainty.

**Expenditure**

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates:

-Costs of generating funds comprise the costs associated with attracting voluntary income and the costs of trading for fundraising purposes.

-Company expenditure comprises those costs incurred by the company in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

-Governance costs include those costs associated with meeting the constitutional and statutory requirements of the company and include the audit fees and costs linked to the strategic management of the company.

**Tangible fixed assets and depreciation**

**Depreciation**

Depreciation is provided on all tangible fixed assets, at rates calculated to write off the cost less residual value, of each asset systematically over its expected useful life, as follows:

Fixtures, fittings and equipment	-	12.5% Straight Line
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**It's Good To Talk Counselling Psychotherapy Support Services Ltd  
(A Company Limited by Guarantee and not having a Share Capital)**

**Income and Expenditure Account  
for the period ended 31st December 2012**

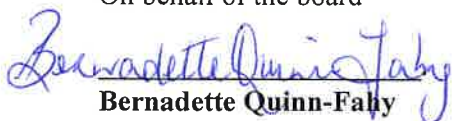
**Continuing operations**


		2012
	Notes	€
Income	1	44,463
Expenses/Costs		<u>(37,856)</u>
Surplus		6,607
Tax on Surplus		<u>-</u>
Net Surplus		<u>6,607</u>
Retained Surplus for year	9	6,607

The income and excess of expenditure over income relate to continuing operations as no businesses were acquired disposed of in 31st December 2012.

A separate Statement of Total Recognised Gains and Losses is not required, as all gains or losses have been reflect above.

On behalf of the board

  
**Bernadette Quinn-Fahy**  
Director

  
**Maria Roche**  
Director

Date: 30/1/14

The notes on pages 13 to 19 form an integral part of these financial statements.

**It's Good To Talk Counselling Psychotherapy Support Services Ltd  
(A Company Limited by Guarantee and not having a Share Capital)**

**Balance sheet  
as at 31st December 2012**

	Notes	€	2012 €
<b>Fixed assets</b>			
Tangible assets	6		8,840
			<u>8,840</u>
<b>Current assets</b>			
Debtors	7	3,669	
		<u>3,669</u>	
<b>Creditors: amounts falling due within one year</b>	8	(5,902)	
<b>Net current liabilities</b>			<u>(2,233)</u>
<b>Total assets less current liabilities</b>			6,607
<b>Net assets</b>			<u>6,607</u>
<b>Capital and reserves</b>			
Revenue reserves account	9		6,607
<b>Members' funds</b>	10		<u>6,607</u>

On behalf of the board

*Bernadette Quinn-Fahy*  
Bernadette Quinn-Fahy  
Director

*Maria Roche*  
Maria Roche  
Director

Date: 30/1/14

The notes on pages 13 to 19 form an integral part of these financial statements.


**It's Good To Talk Counselling Psychotherapy Support Services Ltd  
(A Company Limited by Guarantee and not having a Share Capital)**

**Cash flow statement  
for the period ended 31st December 2012**

	Notes	2012 €
<b>Reconciliation of operating profit to net cash inflow from operating activities</b>		
Operating (Loss)/Profit		6,607
Depreciation		1,263
(Increase)/Decrease in Debtors and prepayments		(3,669)
Increase/(Decrease) in Creditors and accruals		4,015
<b>Net cash inflow from operating activities</b>		<u>8,216</u>
 <b>Cash flow statement</b>		
Net cash inflow from operating activities		8,216
Capital expenditure		<u>(10,103)</u>
<b>Decrease in cash in the period</b>		<u>(1,887)</u>
 <b>Reconciliation of net cash flow to movement in net debt (Note 15)</b>		
<b>Decrease in cash in the period</b>		<u>(1,887)</u>
<b>Movement in net debt in the period</b>		<u>(1,887)</u>
<b>Net debt at 1st January 2012</b>		<u>-</u>
<b>Net debt at 31st December 2012</b>		<u>(1,887)</u>

On behalf of the board

  
Bernadette Quinn-Fahy  
Director

  
Maria Roche  
Director

Date: 30/1/14

**It's Good To Talk Counselling Psychotherapy Support Services Ltd**  
**(A Company Limited by Guarantee and not having a Share Capital)**

**Notes to the financial statements**  
**for the period ended 31st December 2012**

**1. Income**

The total income of the company for the period has been derived from its principal activity wholly undertaken in Ireland.

	<b>2012</b>
	€
<b>Class of business</b>	
Donations From Clients	12,801
Donations From Public	538
Room Hire - (Counsellors, Interview & Admin)	11,215
Fundraising Income	2,458
Grant Family Support Agency	3,000
Furniture Donations (VEC)	3,500
Room Hire - (Supervision)	5,160
Workshop	2,050
Other income	3,741
	44,463
	44,463
 <b>Geographical market</b>	
Ireland	44,463
	44,463
	44,463

(i) This company, in common with many others of similar size and organisation, derives a substantial proportion of its income from voluntary donations which cannot be fully controlled until they are entered in the accounting records, and are therefore not susceptible to independent audit verification.

(ii) The directors are reliant on the honesty and integrity of its directors, members and volunteers in all fundraising and financial activities in recognising the income above.

**2. Operating Surplus**

**2012**

Operating Surplus is stated after charging:	€
Depreciation and other amounts written off tangible assets	1,263
Auditors' remuneration	1,230
	1,230
	1,230

**3. Employees**

The company had no employees during the period, other than the directors. The directors did not receive any remuneration for the period.

**4. Directors of the Company**

The present membership of the board is listed on the 'Directors and other information' page

**It's Good To Talk Counselling Psychotherapy Support Services Ltd  
(A Company Limited by Guarantee and not having a Share Capital)**

**Notes to the financial statements  
for the period ended 31st December 2012**

..... continued

**5. Transactions with directors**

*Advances to Directors*

	<b>Eamon Doran 2012 €</b>
Opening Balance	-
Advances to directors	3,754
Repayments from directors	(185)
Closing Balance	<u>3,569</u>
Maximum outstanding from directors in period	3,754

A former director, Mr Eamonn Doran owes an amount of (€3,569) to the company at the balance sheet date 31st December 2012.

The company has not accrued for any interest on this amount nor made any provision for non-repayment. The total amount owed by Mr. Doran increased further after 31st December 2012. The company received repayment of a portion of the amounts owed since the balance sheet date.

*Advances from Directors to the Company*

	<b>Bernadette Quinn-Fahy 2012 €</b>	<b>Maria Roche 2012 €</b>
Opening Balance	-	-
Advances from directors	1,335	680
	<u>1,335</u>	<u>680</u>
Maximum outstanding to directors in period	1,335	680

The directors Bernadette Quinn-Fahy and Maria Roche advanced funds to It's Good To Talk Counselling Psychotherapy Support Services Ltd in the amount of €2,015 for the year ended 31st December 2012.

There are no conditions attaching to these loans, the directors do not intend to call in these loans within the next twelve months.



**It's Good To Talk Counselling Psychotherapy Support Services Ltd**  
**(A Company Limited by Guarantee and not having a Share Capital)**

**Notes to the financial statements**  
**for the period ended 31st December 2012**

..... continued

<b>6. Tangible fixed assets</b>	<b>Fixtures, fittings and equipment</b>	<b>Total</b>
	<b>€</b>	<b>€</b>
<b>Cost</b>		
Additions	10,103	10,103
At 31 December 2012	<u>10,103</u>	<u>10,103</u>
<b>Depreciation</b>		
Charge for the period	1,263	1,263
At 31 December 2012	<u>1,263</u>	<u>1,263</u>
<b>Net book value</b>		
At 31 December 2012	<u>8,840</u>	<u>8,840</u>

Included in the above is a donation of furniture from Wexford VEC. The directors have valued these assets at a nominal value of €3,500. No third party valuation was obtained as the cost benefit analysis of doing so was deemed to be negligible.

<b>7. Debtors</b>	<b>2012</b>
	<b>€</b>
Rent Security Deposit	100
	<u>100</u>
	<u>100</u>

**It's Good To Talk Counselling Psychotherapy Support Services Ltd  
(A Company Limited by Guarantee and not having a Share Capital)**

**Notes to the financial statements  
for the period ended 31st December 2012**

..... continued

<b>8. Creditors: amounts falling due within one year</b>	<b>2012</b>
	<b>€</b>
 <i>Loans &amp; other borrowings</i>	
Bank overdraft	1,887
 <i>Other creditors</i>	
Loans From Directors	2,015
Accruals	2,000
	 <hr/> <b>5,902</b> <hr/>

Further information on loans from directors is available in note 5.

<b>9. Reserves</b>	<b>Income and expenditure account</b>	<b>Total</b>
	<b>€</b>	<b>€</b>
Retained surplus for the period	6,607	6,607
	<hr/>	<hr/>
<b>10. Reconciliation of movements in members' funds</b>		<b>2012</b>
		<b>€</b>
Surplus for the period		6,607
		<hr/>

**It's Good To Talk Counselling Psychotherapy Support Services Ltd**  
**(A Company Limited by Guarantee and not having a Share Capital)**

**Notes to the financial statements**  
**for the period ended 31st December 2012**

..... continued

**11. Reconciliation of operating profit to net cash inflow from operating activities.**

	<b>2012</b>
	<b>€</b>
Operating profit	6,607
Depreciation	1,263
Decrease / (Increase) in debtors and prepayments	(3,669)
(Decrease) / Increase in creditors and accruals	4,015
<b>Net cash inflow from operating activities</b>	<u><u>8,216</u></u>

**12. Capital commitments**

There were no capital commitments at the year ended 31st December 2012.

**13. Contingent liabilities**

There were no contingencies at the year ended 31st December 2012.

**14. Related party transactions**

(i) There are no related party transactions for the year ended 31st December 2012 other than amounts paid to directors for expenses they incurred on behalf of the company.

(ii) Information relating to directors loans advanced to and from the company is outlined in note 5.

**It's Good To Talk Counselling Psychotherapy Support Services Ltd  
(A Company Limited by Guarantee and not having a Share Capital)**

**Notes to the financial statements  
for the period ended 31st December 2012**

..... continued

**15. Analysis of changes in net funds**

	<b>Closing balance</b>
	€
Overdrafts	(1,887)
<b>Net funds</b>	<u>(1,887)</u>

**16. Going concern**

During the year 31st December 2012 the company generated a surplus of €6,607. However, at the balance sheet date an amount of (€2,015) remained owing to directors while the bank account was in deficit of (€1,887). Other funds are tied up in working capital / current assets and cannot be relied upon for cashflows of the organisation.

The company is reliant on the continued support of its directors and members both financially and also through supporting of going fundraising and income generating streams. The directors are aware that future funding cannot be guaranteed but are hopeful that the dedication of those involved will ensure that funding levels remain constants over the coming years.

Due to the directors confidence that funding will be forthcoming they have prepared the accounts on a going concern basis. The accounts do not include the adjustments that would be necessary should the going concern basis not be applied.

**17. Company Limited by Guarantee**

The company is one limited by guarantee not having a share capital. The liability of each member, in the event of the company being wound up is €1.

**It's Good To Talk Counselling Psychotherapy Support Services Ltd  
(A Company Limited by Guarantee and not having a Share Capital)**

**Notes to the financial statements  
for the period ended 31st December 2012**

..... continued

**18. Reconciliation of net cash flow to movement in net debt**

	<b>2012</b>
	<b>€</b>
Net cash inflow from operating activities	8,216
Capital expenditure	(10,103)
<b>Increase/( Decrease) In Cash in year</b>	<u><u>(1,887)</u></u>

**19. Company Premises**

The company is currently renting its premises from Wexford VEC at a cost of €7,000 per annum.

**20. Accounting Periods**

The current accounts are for the period 26th January 2012 to 31st December 2012.

**21. Approval of financial statements**

The financial statements were approved by the Board on 30th January 2014.

**It's Good To Talk Counselling Psychotherapy Support Services Ltd  
(A Company Limited by Guarantee and not having a Share Capital)**

**The following pages do not form part of the statutory accounts.**

**It's Good To Talk Counselling Psychotherapy Support Services Ltd**  
**(A Company Limited by Guarantee and not having a Share Capital)**

**Detailed income and expenditure account**  
**for the period ended 31 December 2012**

	2012	
	€	€
<b>Income</b>		
Donations From Clients	12,801	
Donations From Public	538	
Room Hire - (Counsellors, Interview & Admin)	11,215	
Fundraising Income	2,458	
Grant Family Support Agency	3,000	
Furniture Donations (VEC)	3,500	
Room Hire - (Supervision)	5,160	
Workshop	2,050	
Other income	3,741	
		44,463
<b>Expenditure</b>		
CRO	70	
Rent payable	5,255	
Canteen & Refreshments	1,581	
Insurance	240	
X-Mass Decorations	235	
Light and heat	1,961	
Repairs and maintenance	2,093	
Signs	386	
Printing, Postage and Stationery	2,612	
Advertising	1,959	
Telephone	1,141	
Work Shop	1,000	
Donations	100	
Director Expenses	2,025	
Volunteer Expenses	335	
Professional Fees - (Workshop)	2,245	
Professional Fees - (Interviewing)	400	
Professional Fees - (Counselling)	6,320	
Professional Fees - (Supervision)	4,505	
Audit (€1000 + 23% VAT)	1,230	
Bank charges	468	
General expenses	51	
Subscriptions / Memberships To Prof. Bodies	381	
Depreciation on FF & Equipment	1,263	
		37,856
<b>Surplus for the period</b>		6,607